

# EAST FOCUS RETREAT

---



---

[www.CharisFellowship.com](http://www.CharisFellowship.com)

# TABLE OF CONTENTS

---

- 01**     **Welcome**  
From Dan Allan
- 02**     **Theme**  
Resourcing the Soul
- 03**     **Schedule**  
Daily Activities
- 04**     **Key Questions & Prayer Prompts**  
Session Discussion & Personal Prayer Time
- 05**     **Personal Study Time Resource**  
2 Corinthians 2:14–4:16
- 06**     **Extras**  
Afternoon Options, Late Night Activities, & Local Restaurants



Welcome to the East Focus Retreat! I'm so glad you've chosen to join us by the beach this week. Over the next forty-eight hours, we're going to take a deeper look at caring for souls — both ours and those entrusted to us. We'll spend time studying God's Word, engaging in small group discussion, and learning from one another. We'll see how our souls can be resourced by the Word of God, the people of God, and the Spirit of God. We hope you'll leave this retreat feeling refreshed and ready to serve God through your ministry.

-DAN ALLAN, EXECUTIVE DIRECTOR

# WELCOME



# RESOURCING THE SOUL THROUGH THE WORD OF GOD, THE PEOPLE OF GOD, AND THE SPIRIT OF GOD.

---

It's hard work to care for others' souls. But we don't have to do it alone. We have brothers and sisters we can link arms with as we seek to shepherd the flock God has put before us. At our Focus Retreats this year, we'll spend time in community learning how we can resource the soul through the Word of God, the Spirit of God, and people of God.

---

# SCHEDULE

---

## **Monday**

**3:30 p.m.** Check in

**4:30 p.m.** Session One

**6:00 p.m.** Dinner

**7:15 p.m.** Session Two

**9:00 p.m.** Suggested Late Night Activities

## **Tuesday**

**7:00 a.m.** Optional Sunrise Worship & Prayer Gathering

**7:30 a.m.** Breakfast

**9:00 a.m.** Session Three

**12:00 p.m.** Lunch

**1:00 p.m.** Free Time

**5:00 p.m.** Dinner Off-Site

**7:15 p.m.** Session Four

**9:00 p.m.** Suggested Late Night Activities

## **Wednesday**

**7:00 a.m.** Optional Sunrise Worship & Prayer Gathering

**7:30 a.m.** Breakfast

**9:00 a.m.** Session Five

**11:00 a.m.** Dismiss



# KEY QUESTIONS

During our main sessions, we'll take time to discuss the following questions in small groups.

---

02

## Session Two

My soul has a well-worn path to Psalm \_\_\_ because...

03

## Session Three

Today my soul finds confidence in...

04

## Session Four

What Bible story/character has been a resource for your soul?

# PRAYER PROMPTS

Spend time each morning meditating on the following passages and prayer prompts.

---

## Tuesday

Tuesday: "Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all of our days" (Psalm 90:14). Lord, flood my heart with contentment and wonder at your loyal love to me!

## Wednesday

"We are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do" (Ephesians 2:10). Lord, may who I am and what I do today be a statement of your sovereign grace!

# PERSONAL STUDY TIME RESOURCE

During our personal study time, we will read and meditate on the following passage before coming back together to finish the sentence, “Today my soul finds confidence in...”

## 2 Corinthians 2:14-4:16

---

But thanks be to God, who in Christ always leads us in triumphal procession, and through us spreads the fragrance of the knowledge of Him everywhere. For we are the aroma of Christ to God among those who are being saved and among those who are perishing, to one a fragrance from death to death, to the other a fragrance from life to life. Who is sufficient for these things? For we are not, like so many, peddlers of God's word, but as men of sincerity, as commissioned by God, in the sight of God we speak in Christ.

# EXTRAS

---

## **Afternoon Options**

Beach

Mini Golf

Boardwalk Bike Rental

Ocean City Boardwalk

Assateague Island

Outlets Ocean City

## **Suggested Late Night Activities**

Hang Out with Friends

Watch Playoff Baseball

Enjoy a Local Restaurant

## **Local Restaurants**

Dry 85

Barrio Taco

Longboard Cafe

Dumser's Dairyland

Pizza Tugos

Papi's Tacos

The Original Green Turtle

Bad Monkey

Hooked



**On Tuesday evening,  
grab some friends  
and enjoy one of the  
local restaurants!**